



**DRINKS**

**ORGANIC COFFEE**

- Espresso **£1.65**
- Flat White **£2.45**
- Latte **£2.45**
- Cappuccino **£2.45**
- Americano **£1.99**
- Bulletproof **£2.99**
- Hot Chocolate **£2.45**
- Mocha **£2.45**
- Almond / Oat / Soya / Coconut
- Extra shot 35p
- Own cup? 25p off

**TEAS**

- Coco & Joe **£2.90**
- Star Mint **£2.90**
- Cuppa T **£1.90**
- Spiced Blueberry **£2.90**
- Turmeric Chai **£2.90**

**FRESH JUICE £2.99**

- Apple
- Carrot
- Clementine
- Own Blend
- +Add for 50p: Beet / Ginger / Spinach / Turmeric root

**FRESH SMOOTHIE £4.50**

- Sunshine
- Watermelon, carrot, clementine & pineapple
- Kale blazer
- Kale, spinach, watermelon, banana, pineapple
- Blush berry
- Blueberry, lingonberry, beet, lemon & watermelon

**ALLERGENS: BE AWARE**

Food and Drinks sold here may have come into contact with these allergens: SESAME, PEANUTS, TREENUTS, SOY, CELERY, DAIRY, EGGS, FISH, MOLLUSCS, GLUTEN, WHEAT, BARLEY, LUPIN, MUSTARD, SUPHUR DIOXIDE. We have an open kitchen where cross contamination can occur. Please do not to take the risk if you suffer from allergic reaction or intolerance. Please ask the Store Manager for more information

**MADE TO ORDER 9AM-2PM**

**TOASTIES**

Sourdough Breakfast Donut **£3.50**  
 +Add extra for 50p:  
 Flipside butter / Berry jam / Nut butter / PB&J / Smashed avocado / Soft almond feta / Blossom honey

**Toast £3.50**

+Add extra for 50p:  
 Flipside butter / Berry jam / Nut butter / PB&J / Smashed avocado / Soft almond feta / Blossom honey

**Organic Protein Pancake £5.50**

Maple butter, maple syrup, blueberries & bananas

**Toasted Fingers & Hot Dipping Sauce £3.50**

Yolky Hollandaise in a little dipping pot with toasted fingers

**MORNING OATS £5.50**

Hot oats with blueberries, honey & seeds

Hot mocha oats with cacao nibs

**BRUNCH GRILLS**

**Stateside callin' £8.50**

Flipside Grilled Chicken Burger with maple butter, maple glazed crispy rashers, soft glazed bun

**Grilled sausage stack £8.50**

Sausage & scramble grilled sandwich with sticky & crispy rashers, tomato, red onion, Hollandaise

**Grilled portobello stack £8.50**

Portobello mushroom & pepper sandwich with baby spinach, grilled peppers & onions, Hollandaise

+Add for £1.00: Avocado / Almond feta / Gouda cheese slice

+Add air-baked fries for £2.00

**BRUNCH EVERYTHING**

**Whole 9 yards £10.00**

2 Sausages, 2 crispy & sticky rashers, scramble, fresh roasted tomato, fries, with choice of sourdough doughnut, toast or 2-stack pancake with maple butter & maple syrup

**BRUNCH BOWLS £6.50**

Served with baby spinach, bagel seasoning & buttered toast

**Sunrise**

Scramble, sticky & crispy rashers, tomato, grilled chestnut mushrooms

**Easy flip**

Scramble, avocado, tomato, quinoa & beans, almond feta

**Protein feast**

Grilled sausage, sticky & crispy rashers, scramble, quinoa & beans, Hollandaise

+Add for £1.00: Hollandaise / Avocado / Almond feta / Roasted tomato

+Add air-baked fries for £2.00

**LUNCH SIDES**

Buffalo tenders **£4.50**

Fresh slaw **£2.50**

Air-baked fries **£3.50**

Sticky & Cripsy Rashers **£1.50**

**MADE TO ORDER 11.30-3PM**

**BURRITOS £6.49**

**Chipotle**

Lightly roasted chicken, 5 grain mix, grilled pepper & jalapeno salsa, pinto beans, mixed leaf, chipotle mayo, chipotle sauce

**The Ranch**

Air-fried chicken, 5 grain mix, pico de gallo, fresh slaw, mixed leaf, ranch dressing

**Cali 'Rito**

Spicy Mexican mince, 5 grain mix, pinto beans, black beans, pico de gallo, pepper salsa, avocado, lime crema

**Caesar wrap**

Lightly roasted chicken, sourdough croutons, crispy cos, Caesar dressing

+Add sticky & crispy rashers for £1.00

**SUPERBOWLS £6.49**

**Farmhouse Fresh**

Roast butternut squash, chargrilled broccoli, beet, scoop, fresh slaw, quinoa, mixed leaf, almond feta, ranch dressing, bagel seasoning

**Naked Cali**

Quinoa, pinto beans, black beans, rice, pico de gallo, pepper salsa, avocado, lime wedge, tortilla chips, lime crema dressing

**Red & Greens**

Chargrilled broccoli, red slaw, red radish, skillet brussels & quinoa, spring onions fried onion, pumpkin seeds, peanut chilli lime dressing

**Backyard Flippin'**

Baked sweet potato, skillet brussels, butternut bean scoop, red slaw, lemon marinade carrots, curry chickpeas turmeric tahini dressing

**Kale Caesar**

Fresh kale, sourdough seeded croutons, cracked black pepper, avocado, cherry tomato, shaved parmesan, caesar dressing

**HOT PROTEINS £1.50**

Crispy Chickpea Panissa

Air-Fried Chicken

Lightly Roasted Chicken

Spicy Mexican Mince

**LUNCH BURGERS £9.50**

**Who Ya Callin'**

Flipside grilled chicken patty with pickle, aioli, little gem, soft glazed bun

**Flipside quarter pounder**

Flipside Quarter Pounder patty, with pickled grilled onions, mustard, ketchup, mayo, soft glazed bun

**MAC BAR REG £3.00 LARGE £5.00**

Baked Shiitake

Caramelised Onions

Sticky & Crispy Rashers

Chargrilled Broccoli & Peas

Roasted Cherry Tomatoes

+Add garnish for £1.00

# ORDER YOUR FLIPSIDE TODAY!

T: 0207 2501003

W: WWW.FLIPSIDEFOOD.COM

E: FRESH@FLIPSIDEFOOD.COM

100% PLANT-BASED



SEE YOU ON  
THE OTHER  
SIDE!

LATE

## MADE TO ORDER

**BURGERS** Double up for £3.50

All burgers come with fries

**Flipside Quarter Pounder £9.50**

Choose Beyond Burger or Flipside Quarter Pounder patty with pickle, grilled onions, little gem, mustard, ketchup, mayo, soft glazed bun

**Midwest Double Melt £11.00**

Choose Beyond Burger or Flipside Quarter Pounder patty with melted double gouda, grilled onions, sticky & crispy rashers, Baconnaise, soft glazed bun

**BBQ Chipotle £11.00**

Choose Beyond Burger or Flipside Quarter Pounder patty with melted gouda, grilled onions, tomato, Flipside special sauce, chipotle chilli jam, fresh slaw, sesame bun

**Queso Fundido £10.50**

Choose Beyond Burger or Flipside Quarter Pounder patty with tomato, jalapeno pepper salsa, grilled onions, queso fundido sauce, baby spinach soft, glazed bun  
Double up for £3.50

+Add spicy Mexican mince for £1.00

**Who Ya Callin' £9.50**

Flipside Grilled Chicken patty with pickle, aioli, little gem, soft glazed bun

**New York Minute £10.50**

Any grilled patty with grilled onions, oak smoked apple butter, New York blue cheese dressing, little gem, pretzel bun

+Add sticky & crispy rashers £1.00

+Add extra cheese £1.00

## THE FLIP SIDES

**Buffalo Tenders £4.50**

**Fresh Slaw £2.50**

**Air-Baked Fries £3.50**

**Sweet Potato Fries £3.50**

**Sticky & Crispy Rashers £1.50**

**Side Soup £2.50**

**Meatballs Marinara £5.50**

**Loaded Nachos £4.50**

**MAC BAR reg £3.00 large £5.00**

+Add garnish for £1.00: Baked Shiitake / Caramelised Onions / Sticky & Crispy Rashers / Chargrilled Broccoli & Peas / Thyme Roasted Cherry Tomatoes

## SWEET FLIPS £3.99

Warm Caramel Brownie with vanilla ice cream

Cone Of Silence with vanilla & raspberry ripple ice cream

Sticky Toffee Pudding with vanilla ice cream

Baked Alaska

## SUPERBOWLS £6.49

Farmhouse Fresh

Roast butternut squash, chargrilled broccoli, beet, scoop, fresh slaw, quinoa, mixed leaf, almond feta, ranch dressing, bagel seasoning

Naked Cali

Quinoa, pinto beans, black beans, rice, pico de gallo, pepper salsa, avocado, lime wedge, tortilla chips, lime crema dressing

LATE

Red & Greens

Chargrilled broccoli, red slaw, red radish, skillet brussels & quinoa, spring onions fried onion, pumpkin seeds, peanut chilli lime dressing

Backyard Flippin'

Baked sweet potato, skillet brussels, butternut bean scoop, red slaw, lemon marinade carrots, curry chickpeas turmeric tahini dressing

Kale Caesar

Fresh kale, sourdough seeded croutons, cracked black pepper, avocado, cherry tomato, shaved parmesan, caesar dressing

Hot Proteins £1.50

Crispy Chickpea Panissa / Air-Fried Chicken / Lightly Roasted Chicken / Spicy Mexican Mince

## DRINKS

### ORGANIC COFFEE

Espresso £2.50

Flat White £2.90

Latte £3.00

Cappuccino £2.90

Americano £3.00

Bulletproof £3.50

Hot Chocolate £3.00

Milk: Almond, oat, soy or coconut

### TEAS

Coco & Joe £2.90

Star Mint £2.90

Cuppa T £1.90

Spiced Blueberry £2.90

Turmeric Chai £2.90

**FRESH JUICE £2.99**

Apple

Carrot

Clementine

Own Blend

+Add for 50p: Beet / Ginger / Spinach / Turmeric root

**FRESH SMOOTHIE £4.50**

Sunshine: watermelon, carrot, clementine & pineapple

Kale blazer: kale, spinach, watermelon, banana, pineapple

Blush berry: blueberry, lingonberry, beet, lemon & watermelon

**SHAKES £5.50**

That thick malty shake

Blush berry

Honey crisp vanilla

Peanut rock

**COCKTAIL CHILLIN' £6.50**

Coachella Valley

Lemonade, fresh lime, with coconut rum & berries

WEEKEND

100% PLANT-BASED



MENU

BREAKFAST  
LUNCH  
LATE